

ST. CHARLES COUNCIL ON AGING, INC.



**2024 Annual Report**

**July 2023 – June 2024**

# Congregate Meals

Served **8,403** hot nutritious meals to **137** eligible clients Monday thru Friday in a group setting at Luling Activity Center.

**TRIO** Community Meals

Nourishment through compassionate care.



# Crime Prevention



Educated 624 seniors in ways to protect their property and persons.

# Health Promotion & Disease Prevention

The Medical Team presented **2,427 groups** with **128 classes** designed to support, improve older persons mental and physical well being. The Arthritis Foundation Walk With Ease Program is an exercise program that can reduce pain and improve overall health. If you can be on your feet for 10 minutes without increased pain, you can have success with Walk With Ease.



THE  
MEDICAL  
TEAM®







## Home Delivered Meals

  
**TRIO** Community  
Meals

**Nourishment through compassionate care.**

Delivered **82,240** hot/frozen nutritious meals to **537** qualified homebound clients Monday thru Friday.

# Homemaker



The Medical Team provided two hours of light housekeeping once a week to **192** qualified homebound individuals with **9,372** hours.







## In-Home Respite

The Medical Team provided **1,426** hours of personal care in the home to give **20** caregivers a brief period of rest.

THE  
MEDICAL  
TEAM®



# INFORMATION & ASSISTANCE

Provided **853** individuals with **944** current information opportunities and services available within the parish, including information relating to assistive technology; assesses their problems and capacities; ensures that they receive services needed, and are aware of the opportunities available to them, establishing adequate follow-up procedures.







# Material Aid

Distributed 473 Food for Seniors commodities boxes to 83.

# Medical Alert



Provided emergency response systems to **8** clients through Acadian on Call. **37** clients received the emergency response systems at a discounted price going through COA.





## Personal Care

The Medical Team provided personal assistance with bathing, dressing, grooming, and oral hygiene to **95** eligible senior citizens with **7,028** hours.







## Recreation

Provided **235** clients with **7,497** individual and group activities which promoted social interaction and well-being. Activities include arts and crafts, hobbies, games, and physical activities.

# Transportation

Provided **14,933** Curb-to-curb transportation rides to the activity center, shopping, errands, and medical facilities both in and out of the parish for **26** Assisted Transportation Clients, **252** Clients over sixty, and **14** Clients under sixty.



# Utility Assistance



Provided **89** seniors and disabled under sixty **113** financial assistance with electric bills through Power to Care.

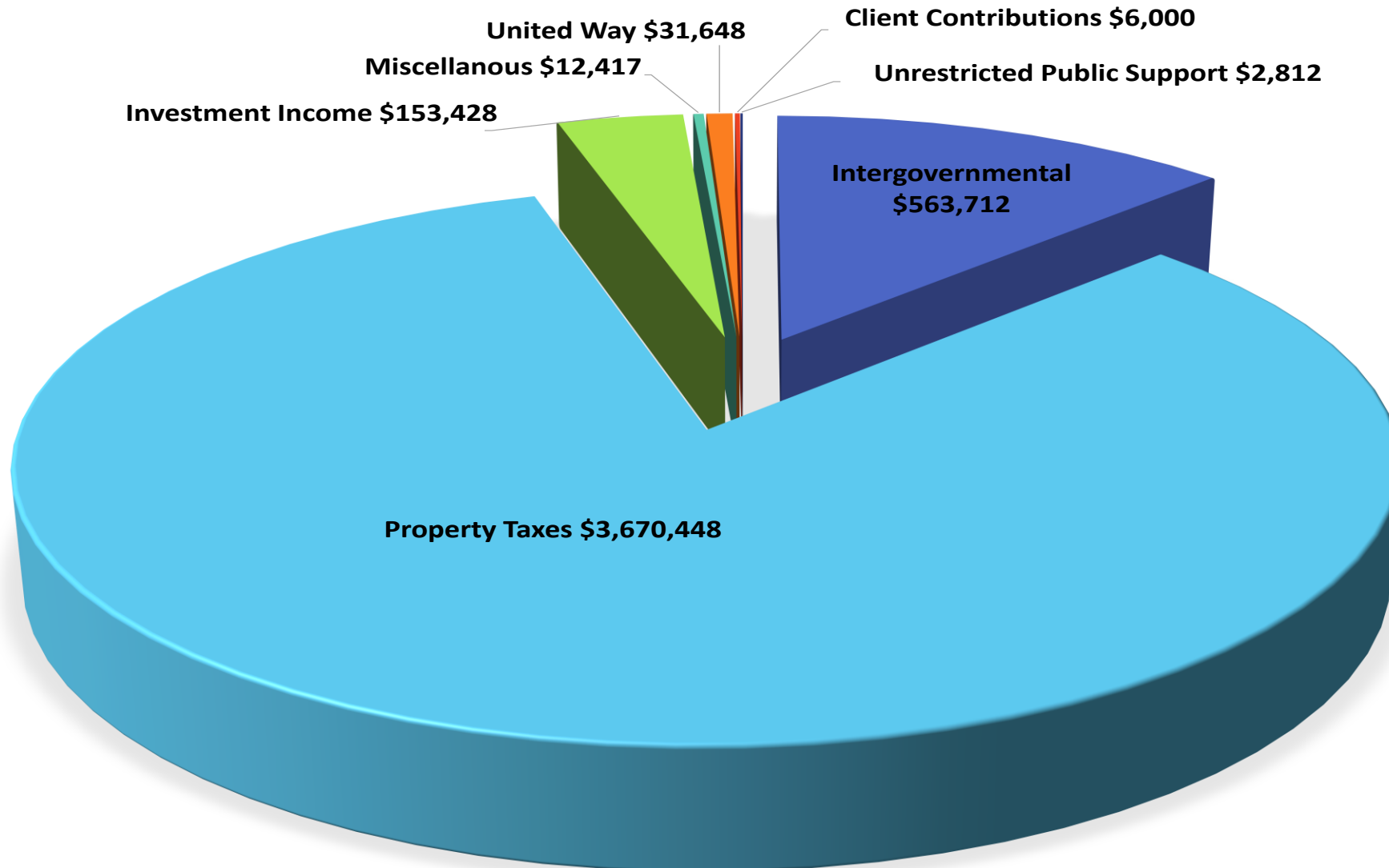
To donate go to

<https://www.energy.com/care/>



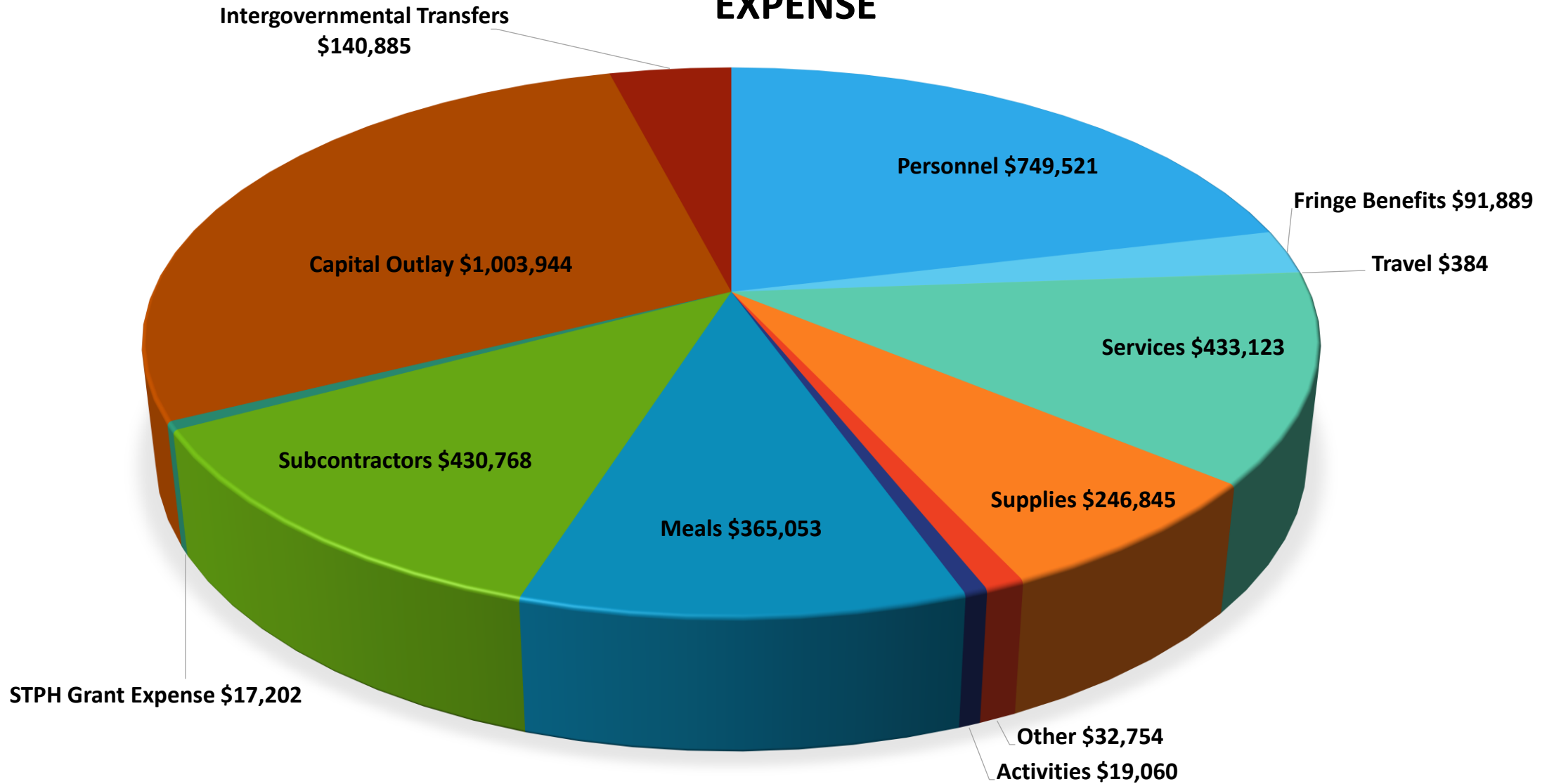
# Income \$4,481,987.46

## REVENUE



# Expenses \$5,891,449

## EXPENSE





Home-Delivered Meal Drivers  
Finance Manager

Apply at  
282 Judge Edward Dufresne Parkway  
Luling, LA 70070